

Montag	Dienstag	Mittwoch	Donnerstag	Freitag
	09:00 - 09:45 Reha-Sport Paul	08:15 - 09:15 Zumba Marie	09:00 - 09:45 Reha-Sport Stephi	08:00 - 09:00 Yoga Carolin
			11:30 - 12:30 Pilates sanft Charlotte	
16:00 - 16:45 Reha-Sport Marta	16:00 - 16:45 Kinder Yoga Susi			16:00 - 17:00 STRONG by Zumba Anne + Sandra
17:00 - 17:45 Reha-Sport Paul	17:00 - 18:00 Teen Yoga Carolin	17:15 - 18:15 Zumba Step Anne + Sandra		17:15 - 18:15 Pilates Charly
18:00 - 19:00 Zumba Gold Anne	18:15 - 19:15 Pilates Charly	18:30 - 19:30 Zumba Anne + Sandra		
19:15 - 20:00 Pound Anne	19:30 - 20:30 Yoga Carolin	19:45 - 20:30 Pound Sandra	19:00 - 19:45 Pound Kirsche	
			20:00 - 20:45 Step Aerobic Charly	